

Institutional Details – REGULAR ACTIVITIES (2022-23)

- Full name of the institute: INDUKAKA IPCOWALA COLLEGE OF PHARMACY
- Details of the Panch Prakash Coordinator:
Full Name: DHAVA PATEL
Department and Designation: ASSISTANT PROFESSOR
Contact No.: 9978554228 Email address: DHAVALKUMAR.PATEL.CVM.EDU.IN
- Have the details of the committee members been successfully uploaded on the COGENT-UDAYAM portal? Yes ☐ No ☒
- Did you organize any activities in any village under PANCH PRAKALP YOJANA in the A.Y. 2022-23?? Yes ☒ No ☐
- Name of the village / villages wherein the activities were organized:
GHANA-મહિલા આરોગ્ય અને સ્વચ્છતા
- Report on activities organized under various subjects:

1.	<p>One Day national camp at Village Meghwa organized by INDUKAKA IPCOWALA COLLEGE OF PHARMACY WITH FOLLOWING ACTIVITIES on 18-03-2023</p> <ol style="list-style-type: none"> પર્યાવરણ, સ્વચ્છતા, જળ સંરક્ષણ તેમજ જળસંચય મહિલા આરોગ્ય અને સ્વચ્છતા દવાનો સલામત ઉપયોગ(safe use of medicine) <p>The INDUKAKA IPCOWALA COLLEGE OF PHARMACY organized a one-day national camp at Village Meghwa on March 18th, 2023, with a focus on environmental conservation, cleanliness, water conservation, women's health and hygiene, and safe use of medicine. Here's some more information on each activity:</p> <p>Environmental Conservation, Cleanliness, Water Conservation, and Water Harvesting We have educated people about the importance of environmental conservation, cleanliness, and water conservation, as well as demonstrating practical ways to conserve resources. Villagers learned about methods to reduce waste, recycle, and conserve water. They also aware about the importance of water harvesting, which involves collecting and storing rainwater for future use.</p> <p>Women's Health and Hygiene Students of our college educated women of the Meghwa village about their health and hygiene. They learned about menstrual health and hygiene, reproductive health, and other aspects of women's health. The goal is to empower women with knowledge and resources to take care of themselves and their families.</p> <p>Safe Use of Medicine We educated people about the safe use of medicine. Villagers learned about way to take medication, how to store medication, and how to dispose of safely. The goal is to promote the responsible use of medication and reduce accidental poisoning, drug abuse, or other adverse effects.</p>
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Overall, this one-day national camp is a great opportunity for people to learn about important topics related to the environment, health, and medicine. It's an excellent initiative that will benefit the local community and beyond.








2. **International Yoga Day.**

Indukaka Ipcowala College of Pharmacy organized “**International Yoga Day**” at IICP-Lawn on 21-06-2022.

The Indukaka Ipcowala College of Pharmacy is taking steps to prioritize the health and wellness of its community by organizing this Yoga event on **International Yoga Day**.

Yoga has numerous benefits for both physical and mental health, such as reducing stress, improving flexibility and strength, and promoting mindfulness. By celebrating International Yoga Day, the college is promoting the benefits of yoga to its students, faculty, and staff, and potentially inspiring them to incorporate yoga into their daily routines.

	<p>The event was successful and that participants found it enjoyable and beneficial.</p> 
3.	<p>Tree plantation programme Indukaka Ipcowala College of Pharmacy organized “Tree plantation programme” at IICP- college premises on 01-08-2022. Indukaka Ipcowala college of pharmacy has organized tree plantation program in its premises, the campaign is to save our environment by growing more and more trees. All the students and staff members have actively participated in this campaign.</p> 
4.	<p>Climate Change- Climate change youth outreach programme Indukaka Ipcowala College of Pharmacy organized “Climate Change- Climate change youth outreach programme” in at IICP-Classrooms on 28-09-2022.</p> <p>Climate change is a significant time variation in weather patterns occurring over long periods ranging from decades to millions of years. Climate change may refer to a change in average weather conditions, or in the time variation of weather around longer-term average conditions.</p> <p>Students and staff members of our college actively participated in Climate change youth outreach fortnight program with competition like Innovative Ideas for Combating Climate Change Competition, Slogan Competition.</p> <p>The objective of organizing the campaign is to save our environment by speeding awareness to climate change</p>  

5.	<p>Seminar On Stop Child Abuse POCSO Act 2012</p> <p>Indukaka Ipcowala College of Pharmacy organized “Seminar On Stop Child Abuse POCSO Act 2012” in collaboration with National, State and Anand Legal Services Authority at IICP-Classrooms on 18-10-2022.</p> <p>The seminar "Stop Child Abuse POCSO Act 2012" organized by Indukaka Ipcowala College of Pharmacy in collaboration with National, State, and Anand Legal Services Authority is an important event that focuses on raising awareness about child abuse and the legal provisions available for its prevention and punishment.</p> <p>The Protection of Children from Sexual Offences (POCSO) Act 2012 is a significant step towards ensuring the safety and protection of children from sexual abuse and exploitation. The act provides for strict punishment for offenders and lays down guidelines for the investigation and trial of causes related to child sexual abuse.</p> <p>The seminar aims to educate and sensitize people about the POCSO Act 2012 and its provisions. It also seeks to create a platform for discussion and exchange of ideas on how to prevent child abuse and promote the well-being of children.</p> <p>The collaboration with the National, State, and Anand Legal Services Authority Hon'ble Shri AJ Sheikh Sahib, Senior Judge Shri, Anand District Court adds value to the seminar by providing expert insights and guidance on legal matters related to child abuse. The presence of legal experts and authorities at the seminar will help in clarifying doubts and answering questions related to the POCSO Act 2012.</p> <p>Overall, the seminar on "Stop Child Abuse POCSO Act 2012" is a crucial initiative towards creating a safe and secure environment for children. It is hoped that such events will continue to be organized in the future, raising awareness and educating people about the importance of protecting children from abuse and exploitation.</p> <div data-bbox="347 1435 1394 1662">  </div>
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6.	<p>Awareness Program (As part of National Voters' Day Celebration) Indukaka Ipcowala College of Pharmacy organized “Awareness Program (As part of National Voters' Day Celebration)” at D.N.High School ,Anand on 25-01-2023.</p> <p>National Voters' Day is celebrated in India on January 25 every year to encourage more young voters to take part in the democratic process. The day marks the foundation day of the Election Commission of India, which was established on January 25, 1950. National Voters' Day was first celebrated in 2011 to commemorate the 61st anniversary of the Commission.</p> <p>Indukaka Ipcowala College of Pharmacy organized an awareness program as part of National Voters' Day celebrations to educate students and faculty members about the importance of voting. The program aimed to encourage everyone to exercise their right to vote and become responsible citizens.</p> <p>Such initiatives are crucial for promoting democratic values and ensuring active participation in the electoral process.</p> <div data-bbox="347 920 767 1131" data-label="Image"> </div> <div data-bbox="807 887 1394 1137" data-label="Image"> </div>
7.	<p>Awareness Program on CYBER SECURITY Indukaka Ipcowala College of Pharmacy organized “CYBER SECURITY awareness program” in collaboration with AARIA CHARITABLE TRUST at NVPAS College Library,Anand on 13-02-2023.</p> <p>Cyber security is the practice of protecting internet-connected systems, including hardware, software, and data, from cyber-attacks, damage, theft, and unauthorized access. Cyber-attacks can come in many forms, such as malware, phishing, and hacking, and can cause significant harm to individuals, businesses, and governments.</p> <p>Given the increasing dependence on digital systems and the internet, cybersecurity has become a critical concern in today's world. It is important for individuals, businesses, and organizations to be aware of potential cybersecurity risks and take steps to protect themselves from cyber-attacks. This can include implementing strong passwords, regularly updating software and systems, being cautious of suspicious emails and links, and using antivirus software and firewalls.</p> <p>Students and staff members from IICP college and CVM University colleges have participated in this events. Speaker from AARIA CHARITABLE TRUST have address the program. They demonstrated true events by showing video footages of the moment.</p>





8. **Har Ghar Tringa yatra-ndukaka Ipcowala College of Pharmacy (A constituent college of CVM University) Celebrated Independence Day 2022**

Indukaka Ipcowala college of pharmacy organized a "Har Ghar Tringa Yatra" as a way to celebrate India's Independence Day. The concept of the "Har Ghar Tringa Yatra" is to encourage people to display the Indian national flag, or "Tringa," in their homes as a sign of patriotism and unity.


College organized a march through the local area, encouraging residents to join in and carry their own Indian national flags. Official from Gram Panchayt of Mogri village, students and staff members of our college have joined this event

Overall, the "Har Ghar Tringa Yatra" celebration by the Indukaka Ipcowala College of Pharmacy seems like a creative and engaging way to celebrate India's independence and promote national pride.



9.	<p>Competitions Classroom Decoration Theme: तिरंगे की यशगाथा and Debate Competition On 6th August</p> <p>Event details: -</p> <p>The cultural committee and the NSS unit jointly organized events for celebration of Independence Day 2022. The events were organized on 6th August 2022 and included activities like Classroom decoration and Debate competition. The students of 2nd Sem, 5th Sem and 7th Sem B. Pharm participated in the events</p> <p>Event 1: Classroom decoration The theme for classroom decoration was “Tirange ki Yashgatha”. The students of 7th Sem B. pharm were the winners of the event. The entire history of Indian National Flag from its first existence to our current Tricolor was beautifully depicted through decorations. Event 2: Debate competition Four teams each with 2 members had participated in Debate competition. The topic of debate was given impromptu, and students were given 10 mins to prepare. The team of Mr. Shubham Lohiya and Mr. Tushar Panchal of 2nd Sem B.Pharm won the competition.</p>  
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 Name & Sign of
 Panch Prakalp Coordinator

Dhavalkuamr U, Patel

 NSS-Program Officer